

Skills Competency



Communicating with pregnant women about breastfeeding

Skills displayed	Yes or No	Supervisor's comments
Prepared for the consultation <ul style="list-style-type: none"> Can list all topics to be discussed during the prenatal period Gathered teaching aids Reviewed mother's relevant obstetric notes 		
Established rapport <ul style="list-style-type: none"> Introduced self and supervisor Explained reason for communication Asked permission to continue 		
Ascertained mother's knowledge and feelings about breastfeeding using: <ul style="list-style-type: none"> open questioning reflective listening reflected feelings 		
Built on her self-confidence by: <ul style="list-style-type: none"> acceptance of her knowledge and attitudes praising what was right. providing new information using simple language. offering opportunities for questions 		
Confirmed the mother's understanding using: <ul style="list-style-type: none"> open questions about information given 		
Ensured mother had sufficient information about breastfeeding <ul style="list-style-type: none"> Covered ALL information on Checklist, sharing evidence-based information accurately 		
Completed documentation as appropriate		

