



Skills Competency

Communicating with pregnant people about Infant feeding

Competency 5 and Step 3 address breastfeeding counselling in the prenatal period.

The following are the performance indicators that measure the staff competency or ability:

Engage in a conversation with a pregnant person on 3 aspects of the importance of breastfeeding.	Assess at least 3 aspects of a pregnant person's breastfeeding knowledge in order to fill the gaps and correct inaccuracies.	Engage in a conversation with a pregnant person about at least 4 care practices a dyad will experience at the birthing facility that will support breastfeeding.
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Knowledge – what to do; Skills – how to apply Knowledge; Attitude – Know when to apply skills within an appropriate ethical framework

Skills displayed	Yes/No	K, S, A	Comments
Prepared for the consultation <ul style="list-style-type: none">Can list all topics to be discussed during the prenatal periodGathered teaching aidsReviewed mother's/parent's relevant obstetric notes			
Established rapport <ul style="list-style-type: none">Introduced self and supervisorExplained reason for communicationAsked permission to continue			
Ascertained mother's/parent's knowledge and feelings about breastfeeding/chestfeeding using: <ul style="list-style-type: none">open questioningreflective listeningreflected feelings			
Built on self-confidence by: <ul style="list-style-type: none">acceptance of their knowledge and attitudespraising what was rightproviding new information using simple languageoffering opportunities for questions			
Confirmed the mother's/parent's understanding using: <ul style="list-style-type: none">open questions about information givenreflective listening and clarified answers provided			
Ensured mother/parent had sufficient information about breastfeeding/chestfeeding <ul style="list-style-type: none">Covered ALL information on Checklist, sharing evidence-based information accurately			
Completed documentation as appropriate			

Name/ID: _____

Date Completed: _____

Checked by: _____



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