

Skills Competency 1



Communicating with pregnant women about breastfeeding

Skills displayed	Yes or No	Supervisor's comments
<p>Prepared for the consultation</p> <ul style="list-style-type: none"> • Can list all topics to be discussed during the prenatal period • Gathered teaching aids • Reviewed mother's relevant obstetric notes 		
<p>Established rapport</p> <ul style="list-style-type: none"> • Introduced self and supervisor • Explained reason for communication • Asked permission to continue 		
<p>Ascertained mother's knowledge and feelings about breastfeeding using:</p> <ul style="list-style-type: none"> • open questioning • reflective listening • reflected feelings 		
<p>Built on mother's self-confidence by:</p> <ul style="list-style-type: none"> • acceptance of her knowledge and attitudes • praising what was right. • providing new information using simple language. • offering opportunities for questions 		
<p>Confirmed the mother's understanding using:</p> <ul style="list-style-type: none"> • open questions about information given 		
<p>Ensured mother had sufficient information about breastfeeding</p> <ul style="list-style-type: none"> • Covered ALL information on Checklist, sharing evidence-based information accurately 		
<p>Completed documentation as appropriate</p>		

