

Skills Competency



Communicating with pregnant people about Infant feeding

Competency 5 and Step 3 address breastfeeding counselling in the prenatal period. The following are the performance indicators that measure the staff competency or ability:

Engage in a conversation with a pregnant person on 3 aspects of the importance of breastfeeding.	Assess at least 3 aspects of a pregnant person's breastfeeding knowledge in order to fill the gaps and correct inaccuracies.	Engage in a conversation with a pregnant person about at least 4 care practices a dyad will experience at the birthing facility that will support breastfeeding.
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Skills displayed	Yes/No	K, S, A	Supervisor's comments
Prepared for the consultation <ul style="list-style-type: none"> Can list all topics to be discussed during the prenatal period Gathered teaching aids Reviewed mother's/parent's relevant obstetric notes 			
Established rapport <ul style="list-style-type: none"> Introduced self and supervisor Explained reason for communication Asked permission to continue 			
Ascertained mother's/parent's knowledge and feelings about breastfeeding/chestfeeding using: <ul style="list-style-type: none"> open questioning reflective listening reflected feelings 			
Built on self-confidence by: <ul style="list-style-type: none"> acceptance of their knowledge and attitudes praising what was right. providing new information using simple language. offering opportunities for questions 			
Confirmed the mother's/parent's understanding using: <ul style="list-style-type: none"> open questions about information given reflective listening and clarified answers provided 			
Ensured mother/parent had sufficient information about breastfeeding/chestfeeding <ul style="list-style-type: none"> Covered ALL information on Checklist, sharing evidence-based information accurately 			
Completed documentation as appropriate			

Knowledge – what to do; Skills – how to apply Knowledge; Attitude – Know when to apply skills within an appropriate ethical framework