A photograph of a young woman with blonde hair, wearing blue medical scrubs and a stethoscope, smiling warmly. She is positioned on the left side of the cover, with her arms crossed. The background is a soft, out-of-focus clinical setting.

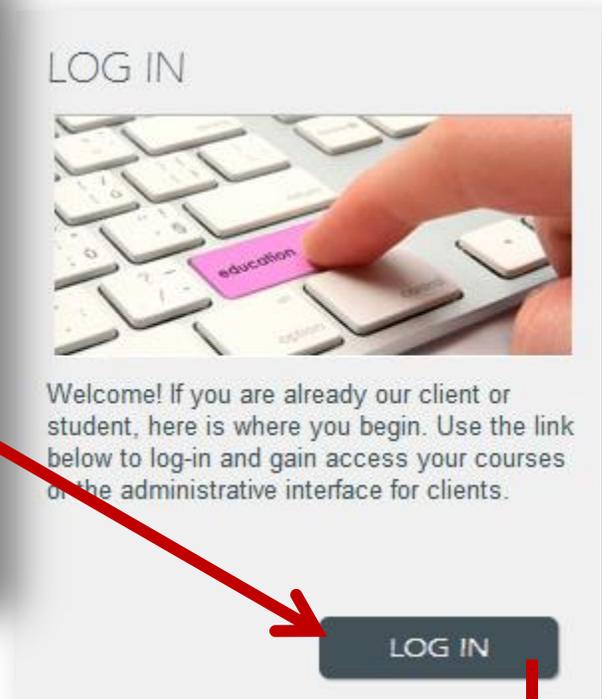
**Breastfeeding Essentials**  
**Quick Start Guide**  
**Step2 Education**

[www.step2education.com](http://www.step2education.com)

# Welcome to the Breastfeeding Essentials Program!

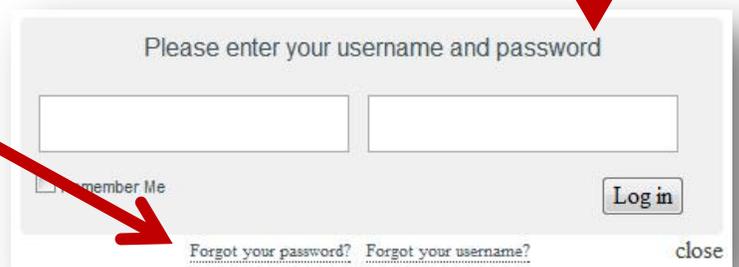


[www.step2education.com](http://www.step2education.com)



## If you do not remember your User Name and Password

After clicking the login box, Select  
“Forgot you Password” or “Forgot your  
Username” and follow the prompts.



If you experience any issues, contact [admin@step2education.com](mailto:admin@step2education.com) directly for assistance.



# Welcome to the Breastfeeding Essentials Program!



## 2. Navigate to your course

HOME COURSES SERVICES ABOUT US CONTACT US MEMBERS AREA Logged in as Han Solo (Logout)

**Click here to get to your Courses Menu**

**Is your name spelled correctly? Update your details in My Profile.**

**Click View Course to get started in your course**

**Need Help? Contact support here.**

My Courses

### ES01 Breastfeeding Essentials

Breastfeeding Essentials is for primary-care staff who are caring for mothers during pregnancy, birthing and for the duration of Breastfeeding. In this course, the participant will learn how to apply each of the 10 Steps to Successful Breastfeeding, or the 7-Point Plan for the Protection, Promotion and Support of Breastfeeding in community settings. The curriculum is based on the WHO/UNICEF 20-hour course that is required for Baby Friendly Hospitals Initiative (BFHI) accreditation. Therefore Breastfeeding Essentials will meet your need for primary-care staff education for your hospital or community Baby Friendly accreditation.

Study hours: 20 hours

Enrollment period: 12 months

On successful completion participants will receive a certificate with the following educational points noted:

- 20 L CERPs awarded by the International Board of Lactation Consultant Examiners.
- 20 hours pre-exam education (IBLCE)
- 20 Contact Hours (CHs) awarded by the California Board of Registered Nursing (USA Nurses).

This course can be used for 20 CPD points (Australian Nurses and Midwives)

Expiry Date: 2015-03-31 Completion Date: Not yet completed

**View Course**

Menu

- My Courses
- My Profile

Support

If you have questions for the course tutor please log into your course and **Need Help?** [Discussion Forum](#)

**Contact support here.**

Your Name  
Han Solo

Email Address  
han.solo@gmail.com

Subject  
General Enquiry

Message

Send

More Available Courses

**After Clicking on View Course, you'll be transferred to your Course Home Page**



# Welcome to the Breastfeeding Essentials Program!



This is your Course Home Page

**step2 EDUCATION** Samantha McKillop

MEMBERS AREA

HOME COURSES BREASTFEEDING ESSENTIALS ES01

**NAVIGATION**

- Home
  - My home
  - Site pages
  - My profile
  - My courses
    - IN01
      - Participants
      - Welcome to Breastfeeding Essentials
      - Learning Resources
      - Assessment Quizzes and Certificate
      - Evaluation of the Course

**SETTINGS**

- Course administration
  - Grades
- My profile settings
  - Edit profile
  - Messaging
  - Blogs

**TOPIC OUTLINE**

**WELCOME TO BREASTFEEDING ESSENTIALS**

On the top right of this screen, you will see your name. This is the name that will appear on your Certificate. Is this you? If not, log out and log back in again using your Username and Password. If this is you, is the spelling correct? If not, look at the **menu on the bottom left** of your screen. Click on **"My profile settings"** and then **"Edit Profile"** to correct your details. Click on **'About My Course'** to find out all about your course, then you'll be ready to start your studies.

**About My Course**  
**Welcome from your State Breastfeeding Coordinator**

**1 LEARNING RESOURCES**

- My Workbook**  
Click on My Workbook above and **print it out**. Hand-write your responses to the activities when directed as you work through the Study Topics.
- Study Topics**  
To begin studying the course material click on Study Topics above. It will open up a new page as you work through the Study Topics.
- Discussion forum**  
Visit this excellent discussion forum to **ask questions** and **discuss topical items** with your colleagues!
- Ten Steps to Successful Breastfeeding**

**2 ASSESSMENT QUIZZES AND CERTIFICATE**

- Is the spelling of your name correct? If not make the corrections in 'Edit Profile' BEFORE doing any quizzes. This is the name that will appear on your Certificate.
- There is a Quiz for each of the modules. Complete the Quiz as you finish each module.
- You will have three attempts to achieve a passing grade in each of the Quizzes. Contact your Course Facilitator to have your attempts re-set if you do not pass within 3 attempts.
- When you have passed all of the Quizzes your Certificate will be unlocked. Click on **Certificate**, save it to your computer and print it out for your records.

- Module 1 Quiz
- Module 2 Quiz
- Module 3 Quiz
- Module 4 Quiz
- Module 5 Quiz
- Module 6 Quiz
- Module 7 Quiz
- Module 8 Quiz
- Module 9 Quiz
- IN01 Certificate

Your Certificate will become 'unlocked' once you have successfully passed *all* of your quizzes.

**3 EVALUATION OF THE COURSE**

Please complete the course evaluation by **Clicking Here**. Your comments will help us to improve the course.

Is this you? Click on the arrow to access different options and to log out.

Navigate using this course menu

View other **Participants** in your course. Click their names and send them **messages** through this menu item.

Check **Grades** for your Quiz results here

Edit your **Profile** here. The name in your profile will appear on your Certificate.

Complete the **Module Quizzes** when you are ready - you have 3 attempts - **you must achieve 80% in each quiz in order to unlock your Certificate**

Download and complete the **Workbook** as you study (not graded)

**Study Topics** contains all the study material - **this is your course**

Read the **Discussion Forum** for news and to discuss the course with others (or your course tutor)

Click to collect your **Certificate** here. Once collected, a copy will also be sent to your registered email address. Come back and click to download a digital copy.

**Need Technical Support?**  
Contact [admin@step2education.com](mailto:admin@step2education.com)

