

# BREASTFEEDING ESSENTIALS FOR **ANCILLARY STAFF**

CAROLE DOBRICH, B.SC., RN, IBCLC

# **ABOUT**

Breastfeeding Essentials for Ancillary Staff is suitable for non-clinical staff who come into contact with parents and infants, yet do not provide direct breastfeeding education or support. Example; Orderlies, Administration, Clerical Staff, Audiologists, Ward Assistants, Janitors / Cleaners and or Photographers.

This **SHORT PRESENTATION** will provide the participant with an understanding of the Baby-friendly Hospital Initiative® by outlining the revised 10 Steps to Successful Breastfeeding and the important role breastfeeding plays in the physiological sequence of infant health, growth and development.

# MEDIA CONTENT

Concept, text and video developed by Carole Dobrich B.Sc., RN, IBCLC and Abel Alegria MA, B.A, J.D, LL.B

#### LANGUAGES

Available in **English**, **French** and **Spanish**.

# **CURRICULUM**

# Introduction to the Baby-friendly Hospital Initiative

The Baby-friendly Hospital Initiative

- 9 key responsibilities of national BFHI program
- Revised 2018 10 Steps to Successful Breastfeeding Critical management procedures (steps 1 & 2)
  - The International Code of Marketing of Breastmilk Substitutes
  - o Infant Feeding Policy
  - o Monitoring and data-management
  - o Education knowledge, competence and skills

Key clinical practices (steps 3 - 10).

- Importance and management of breastfeeding
- Skin-to-skin & support to initiate breastfeeding
- o Breastfeeding & common difficulties
- No supplements unless medically indicated
- o 24-hour rooming-in
- o Responding to infant feeding cues
- o Counsel on the use & risks of bottles, teats, pacifiers
- Coordinate timely access to support after discharge

#### **Infant Feeding: Natural and Normal**

- Value of breastfeeding
- Risks for non-breastfeeding infants
- Risks for non-breastfeeding parents

# **ACCREDITATION**

#### **ENROLLED PARTICIPANTS**

Enrolled participants must view the course video and complete and pass a short online assessment.

On successful completion participants will receive a certificate of completion.







