



Skills Competency

Communicating with pregnant people about Infant

Competency 5 and Step 3 address breastfeeding counselling in the prenatal period.

The following are the performance indicators that measure the staff competency or ability:

Engage in a conversation with a pregnant person on 3 aspects of the importance of breastfeeding.	Assess at least 3 aspects of a pregnant person's breastfeeding knowledge in order to fill the gaps and correct inaccuracies.	Engage in a conversation with a pregnant person about at least 4 care practices a dyad will experience at the birthing facility that will support breastfeeding.
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Knowledge – what to do; Skills – how to apply Knowledge; Attitude – Know when to apply skills within an appropriate ethical framework

Skills displayed	Yes/No	K, S, A	Comments
Prepared for the consultation - Can list all topics to be discussed during the prenatal period - Gathered teaching aids - Reviewed mother's/parent's relevant obstetric notes		☐ ☐ ☐	
Established rapport - Introduced self and supervisor - Explained reason for communication - Asked permission to continue		☐ ☐ ☐	
Ascertained mother's/parent's knowledge and feelings about breastfeeding/chestfeeding using: - open questioning - reflective listening - reflected feelings		☐ ☐ ☐	
Built on self-confidence by: - acceptance of their knowledge and attitudes - praising what was right - providing new information using simple language - offering opportunities for questions		☐ ☐ ☐	
Confirmed the mother's/parent's understanding using: - open questions about information given - reflective listening and clarified answers provided		☐ ☐ ☐	
Ensured mother/parent had sufficient information about breastfeeding/chestfeeding Covered ALL information on Checklist, sharing evidence-based information accurately		☐ ☐ ☐	
Completed documentation as appropriate		☐ ☐ ☐	

Name/ID: _____

Date Completed: _____

Checked by: _____



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